

2024/2025

Cougar Spiritline Tryout Packet

*Spiritline reserves the right to change any details listed in this packet at any time.

<p>Pre-Tryout Information Meeting (parents and students)</p> <p>Tuesday, May 7th 5:30 PM CGUHS Library</p> <p>Tryout Material Wed. & Thurs., May 15th & 16th 6:00-8:00 PM</p>

Tryout Requirements: **MUST** be completed before attending tryouts!

- ♦ Online Tryout Application (available at CougarSpiritLine.Com)
- ♦ Print and Sign the Contract Agreement (page 3 of this packet)
- ♦ A current physical
- ♦ Completed Aktivate (Register My Athlete)

Guidelines:

- ♦ Blue or black shorts/leggings and white t-shirt
- ♦ NO thin strap tank tops, exposed cleavage, crop tops, or short spandex shorts)
- ♦ Appropriate athletic footwear. No slip-on shoes, Crocs, or bare feet
- ♦ Hair pulled tightly out and off of the face
- ♦ NO jewelry or gum
- ♦ Natural nails trimmed back close to the fingertip
- ♦ NO artificial/acrylic nails

Scoring:

- ♦ Candidates will be scored on several skill categories by a panel of judges on Friday. While the opinions of these judges weigh heavily on team placement, the ultimate decision on the team placement is made by the head coach with full support from the CGUHS administration. All cuts and placements are final and are not open for discussion. Final selections will not be discussed with students or parents. Phone calls, emails, texts, and/or letters regarding this topic will not be returned.

Squad Obligations:

Spiritline members will promote school spirit and perform at home & away varsity football games, at most home varsity basketball games, and at assemblies and community events. Varsity members are required to participate in any fundraisers and volunteer opportunities during the season. Additionally, female varsity members are required to be part of the Competition Team. Members will either be placed as performing members or alternate performing members at the decision of the coaches. Both require the same time commitment. The season runs from the first day the team meets through the last basketball game or cheer competition, whichever is later. Practice will be a minimum of 2 days a week during summer months and members are required to attend summer cheer camp June 23-26. Practice will be a minimum of 4-5 days a week during season months and members are required to attend the Monday team tumbling lessons and weekly weight training sessions. Football game days are Fridays, basketball games vary during the week, and cheer competitions are on Saturdays.

Dear Spiritline Candidate & Parents,

Thank you for your interest in the 2024/2025 CGUHS Varsity Cougar Spiritline. We appreciate your enthusiasm and interest in our program. This year's squads look to build on the traditions of the past and raise the squad performance to a competitive level. We are seeking spirited, motivated, dedicated, positive-attitude individuals who are committed to representing Casa Grande Union High School Spiritline.

Being part of the program can be a truly rewarding experience, but it also requires a tremendous time and dedication commitment from every member. By trying out for the CGUHS Varsity Spiritline in May, you have chosen a commitment to be a part of a ***full-time team***. Members ***are not allowed*** to participate in any other competitive sport/team including all-star/rec programs during the cheer season (May-Feb)

Members may participate in on-campus and off-campus extra-curricular activities (Stu Co, Key Club, FFA, Youth Group, jobs, etc.) with the exception that it does not interfere with the member's attendance to practices, games, competitions, performances, fundraisers, community events, camps, and any other team event or activity.

Additionally, a squad member must be able to work well with others, have a positive attitude, and be dedicated to the team and their academics. Please be aware of this as you prepare to take on the challenges and responsibilities of becoming a member of the Cougar Spiritline.

FEES	
Cheer Camp June 23-26 JW Marriott Desert Ridge Resort Phoenix	\$545
365 Spirit Stunt Camp Casa Grande Union High School	\$90
Tumbling/Conditioning Lessons Fyrestorm Cheer- Maricopa	\$215
Pay to Play (CGUHS athletics fee)	\$50
Infinity Game Day Cheer Shoes	\$120
*Game Day Poms (new members)	\$30
Members will need to purchase cheer shorts in royal, black, and gold and black or blue compression shorts Team will fundraise to purchase MOST team wear/ gear	

<u>Payment Plan</u>	<u>Amount</u>
ON or BEFORE May 31 st	\$300
ON or BEFORE June 30 th	\$255 + poms
ON or BEFORE July 31 th	\$250
ON or BEFORE August 31 st	\$215
Payments WILL NOT be refunded once they are submitted.	
Payments are eligible for tax credits, ask me how!	

Summer Dates

Practice Tues/Thurs 6-8pm

Kiddie Kamp June 10-14

USA Cheer Camp June 23-26 (mandatory)

SAMPLE: Weekly Varsity Schedule during Football Season

Monday- Tumbling & Jump Lessons (off campus & transportation is provided. Depart after school and return est. 5:45)
 Tuesday- Strength and Conditioning 5:15-6 & Practice 6-8
 Wednesday- Practice 1:30-3:30
 Thursday- Strength and Conditioning 5:15-6 & Practice 6-8
 Friday- Game Day

SAMPLE: Weekly Practice Schedule during Basketball/Comp Season

Monday- Tumbling & Jump Lessons
 Tuesday- Practice 5:15-8:00
 Wednesday- Practice 1:30-3:30 OR Choreo Lesson 1:30-7:30
 Thursday- Practice 5:15-8:00
 Friday- Practice 3:30-6:00 (as needed)
 Saturday- (practice as needed/competition)

*Basketball game days vary throughout the week. Varsity basketball games start at 7 PM

Candidate commitment & parental permission to participate in CGUHS Varsity Cougar Spiritline Tryouts

I hereby commit to full participation in the 2024/2025 CGUHS Cougar Spiritline. I understand that I am required to try out before I can be announced as a team member. I understand there are certain guidelines that I must meet to be eligible to try out. I understand scores are based on all aspects of cheerleading by both the coaches and a panel of judges and I agree to abide by their decision. I understand that participating in tryouts does not guarantee a spot on one of the squads. I understand the ultimate decision on the team placement is made by the head coach with full support from the CGUHS administration. All cuts and placements are final and are not open for discussion. I am committed to fair play, teamwork, and respect for others during the tryouts and throughout the season if I am chosen to join the squad.

➤ Candidate Printed Name: _____ Signature: _____ Date __/__/__

➤ Parent Printed Name: _____ Signature: _____ Date __/__/__

Informed Consent/Release and Discharge of Liability (24-25)

I understand by the very nature of the activity, cheerleading, and gymnastics carry a risk of physical injury. No matter how careful the participants and coaches are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. Cheerleading is a vigorous & physical activity involving motion, rotation, and height in a unique environment which carries with it a higher than ordinary risk of injury. On rare occasions, these injuries could be serious, severe, or life-threatening. I understand these risks and release and discharge employees, agents, instructors, coaches, volunteers, and directors of the activity from any liability, claims, or causes of action resulting in any kind of damages, illness, or injuries, to my child in any way relating to or arising out of this activity.

➤ Parent Printed Name: _____ Signature: _____ Date __/__/__

Parent/Guardian Financial Obligation (24-25)

Some certain responsibilities and obligations must be assumed if your child is a member of the CGUHS Varsity Cougar SpiritLine. One such responsibility is meeting the financial obligations of the squad. Although the ultimate obligation belongs to the parent/guardian, the team will work together whenever possible to minimize the personal obligation. Fundraising opportunities are organized such that each cheerleader can help to offset their financial obligations as long as they dedicate the time and work hard. Therefore, financial obligations should not be a deterrent to trying out. As an aside, the team will only participate or purchase items, if all financial obligations are met. Please understand that the financial obligations listed in this packet are not limited to just those items. Expenses can and often do come up during the year. All expenses are asked to be paid on time as stated on the cost sheet so that they can be received in time. Specific fundraising events have been set up to cover the extra cost of the program (cheer wear/gear). Once any item(s) have been ordered, parents/guardians are responsible for paying for it. All monies paid are non-refundable. If a member resigns or is removed from the squad for any reason, all monies collected are non-refundable. If a member quits or is removed from the squad before receiving any cheer wear they will forfeit receiving those items and will not be reimbursed any money. If there is an outstanding balance at the end of the year, for any reason, CGUHS will hold that amount on the individual's bookstore account until payment is made in full. Any unused personal fundraised monies at the end of the year will be added to the Spiritline account and will not carry over to the individual the following season. No monies will be given for amounts not used within the specific season in which they were raised. Please seriously consider these financial obligations before committing to the Cougar Spiritline.

I/We have read the financial obligation form and understand my financial obligation.

➤ Parent Printed Name: _____ Signature: _____ Date __/__/__